

WANT PEACE? GUARD YOUR FOCUS!

Philippians Series

Philippians 4:8-9

Peace is again the promise of the week in Philippians 4:8-9. As you reflect on this great passage and others from God's Word, begin to notice where your mind tends to focus. Discipline your mind to focus on the positives listed in verses 8 and to follow the example of godly mentors per verse nine! This week's verses out of Proverbs 3 reinforce the challenge of Philippians 4:8, so spend time with the Lord and sharpen your focus!—Pastor Dale

Day One—Focus on “whatever is true”

Review Philippians 4:8-9 daily. Now read Proverbs 3:1-4, 17-22. As you pursue the peace of God in everyday life, what does this passage challenge you to do with your mind and your life? What blessings are promised? How do these verses describe life focused on our Lord?

Day Two—Focus on “what is right and honorable”

Keep memorizing Philippians 4:8-9, then read Proverbs 3:5-6, 23-24. How do these verses focus the mind and produce peace, especially when faced with decisions? What actions are you called to do? What promises are made that produce joy and peace—no matter what?

Day Three—Focus on “what is pure and lovely”

Got it yet? If not, review Philippians 4:8-9 until it's easy to recite! Now read Proverbs 3:7-8, 25-26. How do these passages encourage you to focus away from evil and toward what is morally pure? What sin (verse 7) often leads to a wrong focus or dangerous thinking? Where is your confidence best placed?

Day Four—Focus on “what is excellent or worthy of praise”

Recite from memory our verses of the week. Now continue on and read Proverbs 3:9-10, 13-16, 27-28. How do the truths of these verses call you to think and act when you experience God's blessings? How are these actions expressions of thankfulness to God and acknowledgement of His provision? Look to do good and focus on others, their needs and hurts, and God will bless you!

Day Five—Focus on “what is worthy of praise”

Read Proverbs 3:11-18. Of all that is worthy of praise, the character of our God must stand out! This passage speaks to times of trial or difficulty, even discipline at the hand of God.

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DALE BURKE

INTRODUCTION

I. THE BATTLE FOR PEACE...

II. BE CAREFUL HOW YOU THINK...

(vs. 8)

For Peace: "Let your mind dwell on..."			
True	Honorable	Right	Pure
Lovely	Good repute	Excellent	Worthy of praise

III. BE CAREFUL WHO YOU FOLLOW...

(vs 9)

IV. REMEMBER, PROGRESS DEMANDS...

. (vs. 9)

SO, THIS WEEK...